

# Good Friday Holiday Friday April 6, 2012

## North York YMCA

Holiday hours and schedule in effect

**8 a.m. to 4 p.m.**

**Note:** Closing midnight Thursday, April 5<sup>th</sup>; re-opening Saturday, April 7<sup>th</sup> at 5:00 am.

TIME	GYMNASIUM	DANCE STUDIO	CYCLEFIT/CIRCUIT STUDIO	YOUTH CENTRE	MAIN SWIMMING POOL LANES						TRAINING POOL	TIME						
					1	2	3	4	5	6								
8:00												8:00						
8:30	Tai Chi 8:15-9:00				Rec Swim			Swimfit 8:30-10:30			Aquafit (Deep) 8:15-9:00	8:30						
9:00		Step 9:00-10:00															9:00	
9:30	Family Badminton 9:00-10:45	Yoga or Pilates 10:00-11:00	Cyclefit 9:30-10:30															9:30
10:00				9:00-4:00	Rec Swim							10:00						
10:30		Arriba 11:00-12:00																10:30
11:00	Adult Badminton 10:45-12:30																	
11:30												11:30						
12:00											Aquafit 12:00-12:45	12:00						
12:30												12:30						
1:00												1:00						
1:30	Youth Basketball 1:00-2:30											1:30						
2:00												2:00						
2:30											Parent & Tot 2:00-4:00	2:30						
3:00	Adult Basketball 2:30-4:00											3:00						
3:30												3:30						
4:00												4:00						

## Have a great holiday



YMCA

We build strong kids,  
strong families, strong communities.