

# Reading List 2024 — Adults

Curated by the Y's Black Experience Staff Advisory Committee

1. **[Saga Boy. My Life of Blackness and Becoming](#) by Antonio Michael**

**Downing** *An enthralling, deeply personal account of a young immigrant's search for belonging and Black identity amid the long-lasting effects of cultural dislocation.*

2. **[Americanah](#) by Chimamanda Ngozi**

*Americanah tells the story of a young Nigerian woman, Ifemelu, who immigrates to the United States to attend university. It traces her life in both countries, threaded by her love story with high school classmate Obinze. The book explores themes of race, gender, migration, love and relationships, and how they are shaped by the realities of chasing American Dream.*

3. **[Any Known Blood](#) by Lawrence Hill**

*The story of a man, son to a white mother and prominent Black father, who embarks on a quest to discover his family's past and his own sense of self.*

4. **[So You Want to Talk About Race](#) by Ljeoma Oluo**

*This book ranges from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: It taps into honest conversations about race and racism, and how they infect almost every aspect of American life.*

5. **[The Black Period: On Personhood, Race and Origin](#) by Hafizah A. Geter**

*A unique combination of gripping memoir and Afro-futurist thought, The Black Period follows Hafizah on a journey that tells her at every turn she's not worthy.*

6. **[Pioneers of the Caribbean](#) by I.V. Lambie and P.L. Tully**

*A Memoir of two mothers' journey to immigrate their families to Canada for better opportunities as seen through the eyes of their daughters Ingrid and Patricia.*

7. **[The Book of Negroes](#) by Lawrence Hill**

*A work of historical fiction, The Book of Negroes tells the story of Aminata Diallo who is captured by slave traders in Africa and brought to America. Aminata's story illustrates the physical, sexual, emotional, psychological, religious and economic violations of the slave trade.*